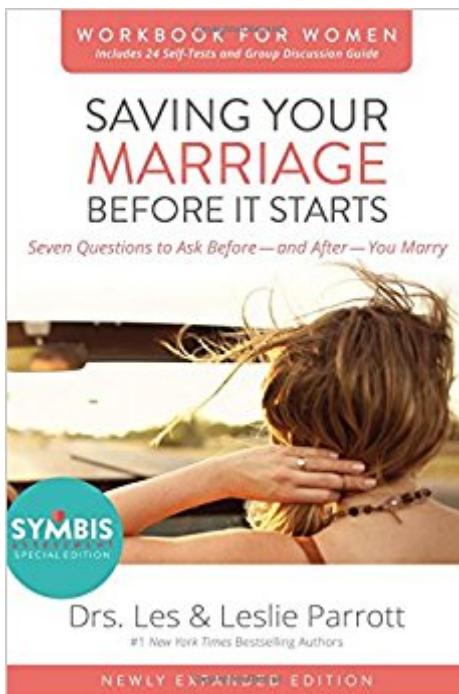


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# Saving Your Marriage Before It Starts Workbook For Women Updated: Seven Questions To Ask Before---and After---You Marry



## **Synopsis**

The Saving Your Marriage Before It Starts Workbook for Women will help you uncover and understand the unique shaping factors you bring into your marriage both as a woman/man and as an individual. Prepare for some surprising and helpful insights, for honest, intimate, and enjoyable relationship-strengthening conversations with you and your fianc , and for engaging discussions with a small group. **EXERCISES AND ASSESSMENTS** Twenty-four exercises will shed amazing new light on the way you are put together, how that affects specific aspects of how you and your loved one relate, and how you can improve those areas to build a better relationship. You will gain unprecedented insights into â¢ your personal âœTen Commandmentsâ • â¢ making your roles conscious â¢ getting your sex life off to a great start â¢ identifying your âœhot topicsâ • â¢ your spiritual journey â | and much, much more **DISCUSSION GUIDE** Les and Leslie will help both of you enjoy lively and eye-opening interaction through seven sessions and bonus sessions on the DVD. For small groups, individual couples, and pastors and marriage counselors, each session links with the workbook exercises and concludes with an exercise each couple can do together over the next week. <http://www.symbisassessment.com>

## **Book Information**

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## **Customer Reviews**

My husband and I did the Saving Your Marriage Before it Starts course with our pastor for pre-marital counseling, and I would recommend it to any couple preparing for marriage. It was easy and fun, and it taught us SO much. It was a real bonding experience, and it truly helped us be a much better husband and wife.

Very practical advice and information. My fiance each have our own book and workbook. Get the workbook. That's where the real growth takes place, whereas this gives information. I've done the first 20 or so activities in the workbook so far and only 1 of them was a waste of time. The information is not watered down at all. The chapters are all concise and worth the read. It includes chapters on listening, gender roles (and misconceptions), how to stay in love, etc. I would recommend this book because it is extremely practical, unlike other premarital books that are more vague. I am a Christian, and this book does not mention the bible very often. The writers are definitely believers, but they did not include a lot of biblical information in the book. I, for one, welcome that because I have already heard plenty of sermons on marriage. This was exactly what I wanted. Anyone can use this book, regardless of religion. The book is also meant for engaged and married alike. The information is useful regardless of relationship status

This book is a wonderful starting point for marriage, or even just relationships. It brings to light a lot of issues/viewpoints that one would not normally consider. I have enjoyed reading this book and doing the workbook that goes along with it. My fiance' and I have really gotten to know one another in a deeper, more intimate, more real way through reading this. Knowing that God has us in His hands, that there are people out there who have been through the things we will undoubtedly face, and seeing the success that each has had in their dependency on Christ gives me huge hope for the future. Thanks for helping us have a wonderful beginning!

I am a Pastor and I have been using SYMBIS as part of our pre-marital mentoring program for at least 5 years. We use the DVD curriculum along with this workbook, and a few other things to make it fun. I can honestly say that this is a great workbook! It helps cultivate conversation and get talk going about things that many couples overlook before they get married. My wife and I have walked many couples through pre-marital mentoring for the past 20 years. This has been a great addition to our curriculum!

I love this workbook. It covers everything you should discuss with your partner before marriage. Often without some sort of prompting these conversations would remain unsaid. The book is written with a nondenominational Christian bent which will make it appeal to many people. The exercises were quick and easy to follow. I highly recommend this workbook and the accompanying textbook.

My boyfriend and I have found this a great resource to use as we move towards our engagement. It has caused us to talk about a lot of the issues we are encountering and handle them in a positive way. It is amazing how many arguments start by unspoken expectations. Once we started considering disagreements that way, it made us open up to one another more. What a fantastic book.

I bought this book along with the workbook. My fiancÃ© and I were looking for something to supplement our Christian premarital counseling and were recommended this book. It's easy to read, and fun to work through. I would recommend this book with the workbook for any young Christian couple looking to get to know each other better in preparation of their upcoming nuptials. It asks poignant questions that you may not have thought to ask before you get married.

Best premarital study!!! We were both a participant and a leader. If your church or small group is considering a premarital study, please take this one!!! It is relevant and challenging. It will help you face many of the topics that will quickly consume your married life. Please click if this was helpful!

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